



## Troy Foster, D.O.

### Post-Graduate Training:

- Baylor University Medical Center, Dallas, TX
  - Residency in Physical Medicine and Rehabilitation (July 2012-present)
  - Chief Resident 2014-2015
  - Completion date: June 2015
    - Duties Include: assessment, evaluation, and management of the acute rehabilitation patient. Assessment, evaluation, and management of neuromusculoskeletal patients in the outpatient setting utilizing electrodiagnostic studies.
    - 6 Case Presentations for Radiology and PM&R residents. Provided resident and nursing lectures regarding EMG/NCS, musculoskeletal, TBI, and physiatry.
- Columbus Regional Medical Center, Columbus, GA
  - Transitional Internship (July 2011-July 2012)
  - A rotating internship through Internal Medicine, Family Medicine, Orthopedics, Pediatrics, Obstetrics/Gynecology, Trauma and Emergency Medicine
    - Received Intern of the Year Award
    - Received "True Grit" Award

### Education:

- 2007-2011  
University of N. Texas HSC-Texas College of Osteopathic Medicine, Fort Worth, TX  
Obtained Doctor of Osteopathy degree while completing expanded curriculum in Rural Osteopathic Medical Education.
- 1988-1995  
Harding University B.A. & M.S., Searcy, AR  
Participated in Collegiate and Intramural sports programs. Held offices in men's fraternity, student association, and campus ministry programs.

## **Employment History:**

- 2013 to Current  
Federal Bureau of Prisons via University of North Texas HSC  
Providing acute and chronic general medical care for federal inmates.
- 2013 to 2014  
Legacy Physiatry Group  
Educated and supervised mid-level providers as they provided care to skilled nursing patients receiving rehabilitative care.
- 2004 to 2009  
Baylor All Saints Hospital  
Physical Therapy Technician: assisted therapists in Acute, Inpatient Rehabilitation, and Outpatient settings to implement treatment plans.
- 2001 to 2002  
Capstone Treatment Center  
Clinical Director/ Therapist for Wilderness/Experiential Based Long-term drug treatment center for adolescent males.
- 1995 to 2000  
Baptist Medical Center  
Case Manager/Therapist: As LADAC, ACADAC, LAMFT provided case management in dual diagnosis drug and mental health facility including family, group and individual counseling/education.

## **Professional Memberships:**

- American Academy of Physical Medicine & Rehabilitation
- Texas Medical Association
- Dallas County Medical Society

## **Current Licensure:**

- Licensed to practice medicine in State of Texas with current DPS/DEA. On track to be Board eligible in PM&R in July 2015.

## **Research:**

- “Back Hip Pain in Charcot Marie Tooth, A Case for Gait Training.”
- “Readmission to Acute Care From Inpatient Rehab: Factors influencing premature discharge.” (current)
- “Paroxysmal Autonomic Instability with Dystonia Syndrome: Senior Case Project.” (current)

## **Honors and Activities:**

- Christian Service Award-Harding University
- All-Conference Honors in Football and Team Captain- Harding University
- “Cowtown Brush Up” Campaign
- Habitat for Humanity, Fort Worth, TX
- “Be Wise, Immunize” Campaign, Fort Worth, TX
- Volunteer at Mission Arlington in medical services, Arlington, TX
- Eastland Community Health Fair Project (MS IV Senior Project)
- Red Oak High School Preparticipation Physicals
- Quality Improvement Projects: “Patient Continuity in Evening Sign Out”, “Resident Education Improvement Project”, “Managing Chaos in Rapid Response and Code Responses”