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Donald S. Stewart, M.D.

Education & Training:

- 2008 AO Fellowship Dresden, Germany
Two month fellowship with Dr. Zwipp/ Rammelt
Focus on lower extremity trauma and posttraumatic reconstruction
- 2007-2008 Foundation Orthopedic Athletic and Reconstr. Research Houston, TX
Fellowship in Foot and Ankle Surgery
Director: Thomas O. Clanton M.D.
Contact: 713-799-2429
- 2002-2007 Scott and White Hospital Temple, TX
Orthopaedic Surgery Residency Program
Chairman: Robert A. Probe M.D.
Contact: 254-724-6734
- 1998-2002 UT Southwestern Medical School Dallas, TX
Degree: Medical Doctorate
Honors: Alpha Omega Alpha
- 1994-1998 Texas A&M University College Station, TX
Degree: Bachelor of Science in Biomedical Science
Honors: Summa Cum Laude

Employment History:

- 2011-present Arlington Orthopedic Associates, P.A. Mansfield, TX
Specialty: Foot and Ankle and Lower Extremity Reconstruction
- 2008 - 2011 UNT Health Science Center Fort Worth, TX
Assistant Professor in Orthopedic Surgery
Specialty: Foot and Ankle and Lower Extremity Reconstruction
Chairman: David M Lichtman M.D.

Research:

- 2007- present Foundation Orthopedic Athletic and Reconstr. Research
Chapter for Foot and Ankle Complications by Mark Brinker
- Under the direction of William McGarvey
 - Review of Literature and past practice in training exams to provide an outline overview
 - Under Review
- 2007- present Foundation Orthopedic Athletic and Reconstr. Research
Review of Complications of Ankle Fusions
- Review of Literature 1945-2007 of ankle fusion complications
 - Submitting for publication
- 2005-present Shriner’s Hospital Houston, TX
Effect Of Lateral Column Lengthening and Medial Column Stabilization on Foot Pressures in Cerebral Palsy
- Analyzing foot pressures after surgery for pes planovalgus deformity and comparing to pre-operative foot pressures
 - Podium presentation at AAOS
 - Submitting for publication
- 2003-present Scott and White Hospital Temple, TX
Proteomic Analysis of Osteoporotic Vertebral Body Bone in Humans
- Obtain fresh bone samples and determine qualitative and quantitative differences in proteins in normal and osteoporotic vertebral bone
 - Sent for publication
- 6/97-8/98 UT Southwestern Medical Center Dallas, TX
Molecular and Cell Biology Department – Undergraduate Research Fellow
- Isolation of a promoter sequence in Drosophila melanogaster for signaling apoptosis

Publications:

- 9/07-4/08 “Association of Hindfoot Ligament Tears and Osteochondral Lesions”; Cromeens BP, Patterson R, Sheedlo HJ, Motley T, Stewart D, Fisher C, Suzuki S, Su F, Reeves RE; Foot and Ankle International, 2011

Experience:

- 9/07-4/08 Assistant Team Physician for the Houston Rockets Houston, TX
- Assist with care of professional athletes in the training room and during games
- 7/07-7/08 Foundation Orthopedic Athletic and Reconstr. Research
Assistant Team Physician for Rice Athletics
- Game coverage for football, volleyball, basketball, soccer
 - Care of athletes in the training room on a weekly basis for four months
 - Providing physicals and examination of athletic injuries and postsurgical rehab
- 9/01-12/01 UT Southwestern Department of Anatomy Dallas, TX
- 6/99-8/99 Teaching Assistant
- Assistance in the dissection and teaching of human anatomy for first year medical students
 - Creation of prosections for supplemental teaching
- 12/99-6/01 Camp Sweeney Diabetic Education Camp Gainesville, TX
Medical Staff

- 2 summers and one Christmas holiday
- Monitoring blood glucose and adjusting insulin regimens for 40 patients as well as daily pediatric clinic at each 3-week camp session
- Provision of 30-minute diabetic education lectures 6 times weekly for campers
- Responsible for emergency pager duty, night call to check blood glucose, and managerial duties

- 8/97-5/98 Texas A&M Department of Physiology College Station, TX
Teaching Assistant
- Attendance of junior physiology lectures and designing interactive review sessions for students to attend 3 times a week
- 5/96-8/96 Dr. Steven Walters DDS/OMFS Arlington, TX
Surgical Assistant
- First assistant in office procedures and second assistant in hospital procedures

Volunteer:

- 2007-present UT Houston Houston, TX
Assistant Team Physician for Rice Athletics and Houston Rockets
- Weekly training room coverage for Rice University Athletics
 - Game coverage for Rice University Athletics
 - Game coverage for Houston Rockets
 - Performing physicals for athletes
- 2006 Scott and White Hospital Temple, TX
Physician
- Sports medicine talks for personal trainers
- 2002-2003 Scott and White Hospital Temple, TX
Team Physician
- Care of on field injuries at high school football games
- 2001-2005 Scott and White Hospital Temple, TX
Physician
- Participate in high school physicals 2-3 times per year
- 1999 UT Southwestern Medical School Dallas, TX
Member of Welcome Committee
- Attended all interviews and set up interview lunches
- 1994-1997 Texas A&M Bonfire Building Crew College Station, TX
Member
- Participated 50-60 hours each fall in cutting trees and building bonfire for the rally before the Texas A&M and University of Texas football game

Other Awards:

Eagle Scout, Boy Scouts of America 1993

Career Interests:

Reconstructive Foot and Ankle Surgery

- Blend of sports medicine oriented as well as trauma and hindfoot/ midfoot reconstructive
- Interest in ilizarov and AO applications to trauma

Sports Medicine

Plan to continue practice with either professional, collegiate, or high school athletics

Trauma

Comfortable with trauma call and cases

- Would enjoy complex lower extremity trauma as well especially involving the ankle and foot

Resident Teaching

Setup Mission trips outside of the US to provide basic orthopedic care

Personal Life:

Place of Birth: Fort Worth, Texas

Married May 24, 2003 to Samantha Stewart (pharmacist)

No children

OUTSIDE INTERESTS

Travel

Running- completed Austin Marathon 2008

Cars

Movies